**Health & Wellbeing**

The aim of this programme from the **Southern Institute of Technology** is to provide ākonga with the skills and knowledge required for employment or further training in the health sector. An ideal starting point for ākonga wishing to study Nursing, Midwifery and other health and wellness professions.

Ākonga may begin their studies at any time of the year however assessments must be completed for marking by the beginning of December. There are no mandatory units, and ākonga may choose units from the table below up to a maximum of 12 -14 credits.

Unit Standards available:

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| **LEVEL 2** | | | |
| **Unit Standard** | **Description** | **NCEA Level** | **Credits** |
| 20826 | Describe infection control requirements in a health or wellbeing setting | 2 | 3 |
| 23686 | Demonstrate knowledge of a person’s rights in a health or wellbeing setting | 2 | 2 |
| 26982 | Demonstrate knowledge of communication with a person with a communication disability in a health or wellbeing setting | 2 | 4 |

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| **LEVEL 3** | | | |
| **Unit Standard** | **Description** | **NCEA Level** | **Credits** |
| 27457 | Describe the anatomy and physiology of systems and associated organs of the human body **\*Recommended First** | 3 | 6 |
| 22257 | Profile a youth culture in Aotearoa New Zealand | 3 | 5 |
| 23372 | Describe law in relation to intellectual disability and high and complex needs and legal services available to people | 3 | 3 |
| 23375 | Describe hearing impairment and support services that are specific to people with a hearing impairment | 3 | 5 |
| 23387 | Describe the ageing process and its effects on a person's lifestyle and wellbeing | 3 | 7 |
| 24895 | Describe the visual system and vision impairment and support services that are specific to people with vision impairment | 3 | 5 |
| 25987 | Describe values and culturally safe principles for Pacific people in a health or wellbeing setting | 3 | 6 |
| 26971 | Describe factors that  contribute to mental  health wellbeing  and mental health  challenges | 3 | 3 |
| 27141 | Demonstrate knowledge of cultural identities and culture-related issues in an aged care, health, or disability context | 3 | 6 |
| 27461 | Describe indicators of wellness, interventions, care, and support for people at different lifespan stages | 3 | 5 |
| 28521 | Describe responses to vulnerability and abuse in a health or wellbeing setting | 3 | 5 |
| 28522 | Demonstrate knowledge of human development theory for a health or wellbeing setting | 3 | 6 |
| 28523 | Describe community values and attitudes and their impact on people with disabilities | 3 | 2 |
| 28542 | Demonstrate knowledge of, and apply professional and ethical behaviour in a health or wellbeing setting | 3 | 5 |
| 32418 | Describe application of Te Tiriti o Waitangi, and its benefits, in a health or wellbeing setting | 3 | 6 |

If you any questions about these Unit Standards or you would like to enrol please email [seth.smith@tekura.school.nz](mailto:seth.smith@tekura.school.nz)